



# YOGA SANTA FE

kundalini yoga & meditation



# YOGA SANTA FE

kundalini yoga & meditation



# YOGA SANTA FE

kundalini yoga & meditation

## CLASS SCHEDULE

## CLASS SCHEDULE

## CLASS SCHEDULE

<b>MONDAY</b> 9:00 - 10:15 a.m. 4:30 - 5:45 p.m. 6:00 - 7:15 p.m.	Yoga for Healing Kundalini Yoga Kundalini Rising	Dr. Kartar Dr. Guruchander Kirn
<b>TUESDAY</b> 7:15 - 8:30 9:00 - 10:15 a.m. 6:00 - 7:15 p.m.	Happiness is our Birthright The Divine Feminine Kundalini Yoga	Jot Kaur Aad Sach (Frankie) Gurudev Kaur
<b>WEDNESDAY</b> 5:30 - 7:30 a.m. 9:00 - 10:15 a.m. 4:30 - 5:45 p.m. 6:00 - 7:15 p.m.	SADHANA Yoga for Healing Kundalini Yoga Kundalini Rising	Amar (Tom Boomer) Dr. Kartar Dr. Guruchander Kirn
<b>THURSDAY</b> 9:00 - 10:15 a.m. 4:30 - 5:45 p.m. 6:00 - 7:30 p.m.	Healing the Chakras Prana: Breath of Life Prosperity Now	Aad Sach (Frankie) Sat Kartar Kaur Gurudarshan Kaur
<b>FRIDAY</b> 9:00 - 10:15 a.m. 12:00 - 1:30 6:00 - 7:30 p.m.	Back to Basics Yoga for th People* Kundalini Yoga	Hari Kartar (Colleen) Gurudarshan Kaur Livsaran(Rebecca Cohen)
<b>SATURDAY</b> 9:00 - 10:15 a.m.	The Grateful Way	Ramleen Kaur
<b>SUNDAY</b> 5:30 - 7:30 a.m. 9:00 - 10:15 a.m.	SADHANA Kundalini Yoga	Dr. Guruchander Dr. Guruchander*

<b>MONDAY</b> 9:00 - 10:15 a.m. 4:30 - 5:45 p.m. 6:00 - 7:15 p.m.	Yoga for Healing Kundalini Yoga Kundalini Rising	Dr. Kartar Dr. Guruchander Kirn
<b>TUESDAY</b> 7:15 - 8:30 9:00 - 10:15 a.m. 6:00 - 7:15 p.m.	Happiness is our Birthright The Divine Feminine Kundalini Yoga	Jot Kaur Aad Sach (Frankie) Gurudev Kaur
<b>WEDNESDAY</b> 5:30 - 7:30 a.m. 9:00 - 10:15 a.m. 4:30 - 5:45 p.m. 6:00 - 7:15 p.m.	SADHANA Yoga for Healing Kundalini Yoga Kundalini Rising	Amar (Tom Boomer) Dr. Kartar Dr. Guruchander Kirn
<b>THURSDAY</b> 9:00 - 10:15 a.m. 4:30 - 5:45 p.m. 6:00 - 7:30 p.m.	Healing the Chakras Prana: Breath of Life Prosperity Now	Aad Sach (Frankie) Sat Kartar Kaur Gurudarshan Kaur
<b>FRIDAY</b> 9:00 - 10:15 a.m. 12:00 - 1:30 6:00 - 7:30 p.m.	Back to Basics Yoga for th People* Kundalini Yoga	Hari Kartar (Colleen) Gurudarshan Kaur Livsaran(Rebecca Cohen)
<b>SATURDAY</b> 9:00 - 10:15 a.m.	The Grateful Way	Ramleen Kaur
<b>SUNDAY</b> 5:30 - 7:30 a.m. 9:00 - 10:15 a.m.	SADHANA Kundalini Yoga	Dr. Guruchander Dr. Guruchander*

<b>MONDAY</b> 9:00 - 10:15 a.m. 4:30 - 5:45 p.m. 6:00 - 7:15 p.m.	Yoga for Healing Kundalini Yoga Kundalini Rising	Dr. Kartar Dr. Guruchander Kirn
<b>TUESDAY</b> 7:15 - 8:30 9:00 - 10:15 a.m. 6:00 - 7:15 p.m.	Happiness is our Birthright The Divine Feminine Kundalini Yoga	Jot Kaur Aad Sach (Frankie) Gurudev Kaur
<b>WEDNESDAY</b> 5:30 - 7:30 a.m. 9:00 - 10:15 a.m. 4:30 - 5:45 p.m. 6:00 - 7:15 p.m.	SADHANA Yoga for Healing Kundalini Yoga Kundalini Rising	Amar (Tom Boomer) Dr. Kartar Dr. Guruchander Kirn
<b>THURSDAY</b> 9:00 - 10:15 a.m. 4:30 - 5:45 p.m. 6:00 - 7:30 p.m.	Healing the Chakras Prana: Breath of Life Prosperity Now	Aad Sach (Frankie) Sat Kartar Kaur Gurudarshan Kaur
<b>FRIDAY</b> 9:00 - 10:15 a.m. 12:00 - 1:30 6:00 - 7:30 p.m.	Back to Basics Yoga for th People* Kundalini Yoga	Hari Kartar (Colleen) Gurudarshan Kaur Livsaran(Rebecca Cohen)
<b>SATURDAY</b> 9:00 - 10:15 a.m.	The Grateful Way	Ramleen Kaur
<b>SUNDAY</b> 5:30 - 7:30 a.m. 9:00 - 10:15 a.m.	SADHANA Kundalini Yoga	Dr. Guruchander Dr. Guruchander*

\*Yoga for the People Class: By Donation

Miracle Mantra Sadhana: 2/19, 3/18, 4/15, 5/20, 6/17, 7/15

Full Moon Meditations: 2/7, 3/8, 4/6, 5/5, 6/4, 7/3

Closed: May 28th, July 4th

PRIVATE CLASSES Available - goto [www.yogasantafe.com](http://www.yogasantafe.com) for info

\*Yoga for the People Class: By Donation

Miracle Mantra Sadhana: 2/19, 3/18, 4/15, 5/20, 6/17, 7/15

Full Moon Meditations: 2/7, 3/8, 4/6, 5/5, 6/4, 7/3

Closed: May 28th, July 4th

PRIVATE CLASSES Available - goto [www.yogasantafe.com](http://www.yogasantafe.com) for info.

\*Yoga for the People Class: By Donation

Miracle Mantra Sadhana: 2/19, 3/18, 4/15, 5/20, 6/17, 7/15

Full Moon Meditations: 2/7, 3/8, 4/6, 5/5, 6/4, 7/3

Closed: May 28th, July 4th

PRIVATE CLASSES Available - goto [www.yogasantafe.com](http://www.yogasantafe.com) for info.

Single Class - \$13

5 Class Pass - \$60 • 10 Class Pass - \$100

4 Week Unlimited - \$120 • 6 Month Unlimited - \$600

Annual Unlimited - \$995

Single Class - \$13

5 Class Pass - \$60 • 10 Class Pass - \$100

4 Week Unlimited - \$120 • 6 Month Unlimited - \$600

Annual Unlimited - \$995

Single Class - \$13

5 Class Pass - \$60 • 10 Class Pass - \$100

4 Week Unlimited - \$120 • 6 Month Unlimited - \$600

Annual Unlimited - \$995